



2008 CARDIOVASCULAR

Health Summit

Friday, April 4

Holiday Inn Downtown at the Park, Missoula

Who should attend?

- ♥ Physicians
- ♥ Dietitians
- ♥ Exercise Physiologists
- ♥ Nurses
- ♥ Pharmacists
- ♥ Pharmacy Technicians
- ♥ Health Educators
- ♥ Respiratory Care Therapists
- ♥ Physical Therapists
- ♥ Interested Others

Why should they attend?

To become aware of new, evidence-based methods of preventing and managing cardiovascular disease and associated risk factors.

The Cardiovascular Health Summit is sponsored by:

- ♥ Montana Department of Public Health & Human Services, Montana Cardiovascular Health Program
- ♥ Montana Nutrition and Physical Activity Program



Course description

The Montana Cardiovascular Health (CVH) Summit is a continuing education course for health professionals, which will highlight promising methods of preventing and managing cardiovascular disease and associated risk factors. Sessions will focus on primary and secondary prevention of heart disease using clinical and public health approaches.

Overall course objectives

At the conclusion of this educational activity, participants should be able to:

- ♥ Identify methods to promote cardiovascular health and treat cardiovascular disease.
- ♥ State the importance of prevention to reduce the burden of cardiovascular disease in Montana.

Continuing Education Credits

The Montana Department of Public Health and Human Services is affiliated with the University of Washington School of Medicine.

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Washington School of Medicine designates this educational activity for a maximum of 6.0 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Other entities receiving applications for CE approval are:

- ♥ Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.
- ♥ American Dietetic Association
- ♥ Montana Board of Pharmacy
- ♥ Montana Board of Respiratory Care
- ♥ Montana Chapter – American Physical Therapy Association
- ♥ Montana Nurses Association

Agenda

7:00–8:00 Registration & Continental Breakfast

8:00–8:05 Opening

8:05–9:05 Keynote – **Medical Management and Coronary Revascularization in the Treatment of Heart Disease: Changing Paradigms and Perceptions**

♥ **Barry Franklin**, PhD–Director of Cardiac Rehabilitation and Exercise Laboratories, William Beaumont Hospital, Royal Oak, Michigan

9:05–9:15 Stretch Break

Sessions from 9:15 am through 2:45 pm are concurrent with two options. You may alternate between the two tracks.

♥ *Track 1 Breakouts – **Clinical Care of Patients with CVD or Risk Factors***

♥ *Track 2 Breakouts – **Promising Practices in Cardiovascular Health***

9:15–10:15 Breakouts

Track 1

Dietary and Drug Management of Blood Lipids

♥ **Howard Knapp**, MD, PhD–Vice President, Research Center, Billings Clinic, Billings

Track 2

Prevention of Childhood Obesity: It Takes a Nation

♥ **Barbara Moore**, PhD–President and CEO, Shape Up America! and Nutrition Co-coordinator, Montana Nutrition and Physical Activity Program, Bozeman

10:15–10:45 Nutrition Break/Exhibitor Session

10:45–11:45 Breakouts

Track 1

Diabetes Management in the Hospital...The Heart of the Matter

♥ **Michele Danicich**, MD, FACE–Diabetes and Endocrinology Associates, Community Medical Center, Missoula

Track 2

Strategies for Improving Patient Adherence to Diet, Lifestyle and Medical Therapies

♥ **Nancy Houston Miller**, RN, BSN—Associate Director, Stanford Cardiac Rehabilitation Program, Palo Alto, California

11:45–12:45 Breakouts

Track 1

Surgical Interventions for Coronary Artery Disease

♥ **Matt Maxwell**, MD—CEO of International Heart Institute of Montana Foundation and Director of Cardiovascular Services, St. Patrick Hospital, Missoula

Track 2

Hypertension: A New Look at an Old Disease, ALLHAT Lessons and New American Heart Association Guidelines

♥ **John Morledge**, MD—Clinical Professor of Medicine, University of Wisconsin School of Medicine, Madison, Wisconsin

12:45–1:45 Lunch/Continue Exhibitor Session

1:45–2:45 Breakouts

Track 1

Advances in the Management of Acute Coronary Syndrome

♥ **J. Brent Muhlestein**, MD—Director of Cardiology Research, Intermountain Medical Center, Murray, Utah

Track 2

Value of Lifestyle Coaching in a Clinical Setting

♥ **David Marrero**, PhD—J.O. Ritchey Chair of Medicine, Professor of Medicine, Diabetes Translational Research Center, Indiana University School of Medicine, Indianapolis, Indiana

2:45–3:00 Stretch Break

3:00–4:00 **Plenary—Battle of the Diets: Is Anyone Winning (at Losing)?**

♥ **Christopher Gardner**, PhD—Assistant Professor of Medicine, Stanford University School of Medicine, Stanford, California

Registration

Name _____

Organization _____

Address _____
Street or Box Number

City

State

Zip

Email address (print legibly) _____

Confirmation letter will be sent electronically, if provided.

Phone _____

Please check your profession:

- | | |
|---|--|
| <input type="checkbox"/> Dietitian | <input type="checkbox"/> Exercise Physiologist |
| <input type="checkbox"/> Health Educator | <input type="checkbox"/> Nurse |
| <input type="checkbox"/> Pharmacist | <input type="checkbox"/> Pharmacy Technician |
| <input type="checkbox"/> Physician | <input type="checkbox"/> Physical Therapist |
| <input type="checkbox"/> Respiratory Care Therapist | <input type="checkbox"/> Student |
| <input type="checkbox"/> Other _____ | |

Registration Fee Includes all handouts for the day, continental breakfast, morning break, lunch, and instructions to apply for continuing education credits.

- ☐ \$65 through February 29 (Student fee—\$35)
- ☐ \$80 March 1–March 21 (Student fee—\$40)
- ☐ \$100 March 22–April 4 (Student fee—\$50)

Registration tips

- ♥ Early registration is recommended.
- ♥ Payment must be included with the registration form.
- ♥ Make check payable to Department of Public Health & Human Services (DPHHS). Tax ID Number is 81-0302402.
- ♥ Mail registration and payment to Gail Brockbank, Summit Conference Coordinator, PO Box 217, Helena, MT 59624-0217.
- ♥ A processing fee of \$20 will be assessed if registration is cancelled prior to March 21.
- ♥ Refunds not available after March 21.
- ♥ Please complete one form for each participant. You may copy this form or download a form at <http://montanacardiovascular.mt.gov> under "Conferences."
- ♥ Registrants will receive a confirmation including directions to the Holiday Inn Downtown at the Park.

Lodging

A room block rate of **\$78 plus tax** (state rate) is available for all meeting participants. Room block releases **March 3**. To make your reservations, call **406-721-8550** and ask for the Cardiovascular Health Summit room block.

Questions about the Summit?

Contact Claire or Gail at Premier Planning —
406-442-4141, gailb@mt.net, clairei@mt.net

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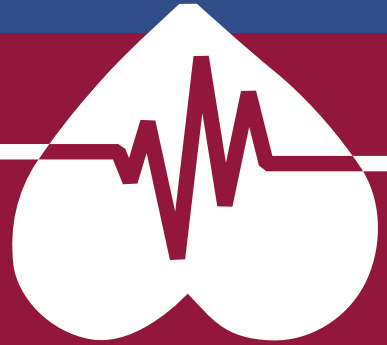
- ♥ Course objectives
- ♥ Continuing education information
- ♥ Complete agenda – topics and speakers
- ♥ Registration information

Inside you will find:

Friday, April 4, 2008
Holiday Inn Downtown at the Park, Missoula, MT 59801

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CARDIOVASCULAR 2008



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